



**Michelle McDevitt-Askew, LMFT, LCMHCS
AAMFT Approved Supervisor Candidate**

Michelle McDevitt-Askew graduated with a Masters in Christian Counseling from Gordon Conwell Theological Seminary in January 2012. Michelle is a Licensed Marriage and Family Therapist, a Licensed Clinical Mental Health Counselor Supervisor and is an AAMFT Approved Supervisor Candidate. Michelle is a SoulCollage Facilitator, trained in Prepare Enrich, IFS and EFT therapies. Michelle enjoys working with couples, families and individuals who are struggling with anxiety, depression, grief, trauma, chronic illness and life stage transitioning. It is her hope that in the safe, non-judgmental space of therapy clients can begin to discover their core resilience, access strengths and integrate awareness for healthy coping and healing. She has a special appreciation for what it means to be a teen in today's world and enjoys working with adolescents (13 yrs and up). Michelle is also attuned to help couples discover relational dynamics and patterns that keep them from enjoying a safe, close and vibrant relationship. She offers premarital and marital counseling and helps step families develop their unique culture. Michelle also enjoys offering retreats, teaching and leading workshops on marriage, codependency, depression, anxiety and spiritual formation.

Michelle's therapeutic experience in private practice, medical and church settings informs her approach to therapy interweaving a bio-medical-psycho-social and spiritual component to treat and care for the whole person. Her 35 year marriage and parenting experiences provide perspective and informs relationship work. As a parent of an adult child with Aspergers, Michelle has an awareness and appreciation of what a blessing it can be to have a special needs child and the impact that can make on a family. With a belief that individuals and families lean towards growth and wholeness, Michelle looks forward to working with couples, families and individuals in South Charlotte, Matthews, Weddington and the surrounding communities. She looks forward to working alongside clients, equipping them for transformational growth.